



Hilton Head Regional Healthcare

Coastal Carolina Hospital | Hilton Head Hospital

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New Aromatherapy Initiatives at Coastal Carolina

Hardeeville, S.C. – As essential oils have become more popular, Coastal Carolina Hospital has introduced new doTERRA aromatherapy initiatives to better help healing and rejuvenation of the body.

The aromatherapy company doTERRA began in spring 2008 as a group of healthcare and business professionals who had already experienced the positive effects of essential oils. They built doTERRA in hopes to create something that would generate wellness products that would appeal to the masses.

The use of aromatherapy at Coastal Carolina Hospital is rooted within the use of doTERRA's therapeutic essential oils. Through the use of the essential oils, they are hoping to relieve stress, improve patient's mindsets, and rejuvenate the mind, body and spirit.

"When diffused into the air, the essential oils have a direct impact on the patient's attitude," said Chief Nursing Officer Lerryn Crocker. "Being able to impact the attitude of a patient by doing something so simple is truly amazing."

Not only does the aromatherapy distract patients from pain and allow them to get the crucial amount of rest for their recovery, but also lifts the moods of the medical staff that devote their lives to such a stressful career.

While the use of aromatherapy is still new, Coastal Carolina Hospital is putting themselves on the map with their use of doTERRA's rejuvenating wellness products.

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About Hilton Head Hospital

Hilton Head Hospital is a 93-bed acute care hospital located at 25 Hospital Center Boulevard on Hilton Head Island, S.C. The hospital has been serving the medical and health needs of Hilton Head Island and Bluffton for more than 40 years. The hospital provides a number of services, including specialties in cardiac care, orthopedics, spine care, breast health, surgical services, women's services, rehabilitation, diagnostic imaging, and offers senior-friendly and 24-hour emergency care. Hilton Head Hospital is

accredited by The Joint Commission, the nation's oldest and largest hospital accreditation agency. Learn more about Hilton Head Hospital at www.hiltonheadregional.com.

About Coastal Carolina Hospital

Coastal Carolina Hospital is a 41-bed acute care hospital located at the intersection of Interstate 95 and Hwy. 278 in Hardeeville, S. C. The hospital has been serving the medical and health care needs of Jasper and Beaufort counties since November 2004. The hospital provides acute care services including intensive care, diagnostic imaging, laboratory services, surgical services, hyperbarics and wound healing, women's services, urological services, stroke services and 24-hour emergency treatment. Coastal Carolina Hospital is accredited by The Joint Commission, the nation's largest hospital accreditation agency. To learn more about Coastal Carolina Hospital, visit www.coastalhospital.com.